

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

1.0: PERSONAL INFORMATION

Name Elijah Gitonga Rintaugu
Gender Male
Languages English, Kiswahili (Written and spoken)
Present Address Department of Recreation and Sport Management
Kenyatta University
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2.0 QUALIFICATIONS

2.1 Academic Qualifications

- 2005: PhD in Physical Education and Sport, Kenyatta University, Kenya.
- 1998: Master of Education (Physical Education and Sport), Kenyatta University, Kenya
- 1994: Bachelor of Education (Arts), Kenyatta University, Kenya.

2.2 OTHER COURSES

1992: First Aid	St. John Ambulance
1998: Leadership development	Mt Kenya School of Adventure
2001: Mini-Basketball seminar	Kenyatta University
2001: Computer application certificate	Jordan computers
2003: Soccer coaching clinic	Kenyatta University
2003: Volleyball coaching clinic	Kenyatta University
2005: Volleyball coaching course	Kenyatta University
2006: Performance contracting	Jomo Kenyatta University
2006: Public procurement and Disposal	Utalii Hotel Nairobi, Kenya
2008: Budgeting and procurement course	Merica Hotel, Nakuru
2010: Setting University Examinations	Kenyatta University
2012: E-learning workshop	University of Nairobi
2013: Modern Methods of Teaching	Kenyatta University
2014: Module writing	Kenyatta University
2015: Axiology labs & Anatomy workshop	Kenyatta University
2016: Public procurement & Disposal act, 2015	Safari Park Hotel

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3.0 EMPLOYMENT HISTORY

- 2018 Nov to Date: Associate Professor, Department of Recreation and Sport Management, Kenyatta University.
- 2013 to Nov.2018: Senior Lecturer, Department of Recreation Management & Exercise Science, Kenyatta University.
- 2010 - 2013: Senior Lecturer, Department of Physical Education & Sport, University of Nairobi.
- 2006 - 2010: Senior Sports and Games Officer (Grade 13) - Jomo Kenyatta University of Agriculture and Technology.
- 2002 - 2006: Games Tutor, Department of Sports and Games, Kenyatta University
- 1998 - 2002: Lecturer, Kilimambogo Teachers Colleges.
- 1994 - 1995: Kitoto Secondary School, Graduate Teacher

4.0 ADMINISTRATIVE RESPONSIBILITIES

4.1 Kenyatta University

- Sept 2018 to Date: Acting Dean, School of Hospitality, Tourism and Leisure Studies
- July 2016 – Sept 2018: Acting Dean, School of Applied Human Sciences
- July 2015 – July 2016: Chairman, Recreation Management and Exercise Science
- 2013 to 2015: Departmental Examinations Coordinator

APPOINTMENTS TO UNIVERSITY COMMITTEES

1. 16th October, 2019 Appointed to a Committee for the Establishment of Global Tourism Resilience and Crisis Management Satellite Center (GTRCMSC) at Kenyatta University.
2. 22nd August, 2019 Appointed to a Committee to prepare for the IAAF U-20 Championships 2020.
3. 9th May, 2019: Appointed to a Committee to generate programmes for Mama Ngina University College (MNUC).
4. 27th March, 2019: Appointed to a Committee to investigate alleged frustration of Post-graduate students in the Department of Educational Foundations.

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5. 12th Feb, 2019 : Appointed to Committee to prepare a proposal for the establishment of Anti-Doping Centre in Kenyatta University.
6. 30th Oct, 2018: Appointment to a Committee on Sports Engineering and Technology.
7. 25th June, 2018: Appointed alternate chairman to a committee to explore Kenya Promoting sports and physical Education in Kenyatta University and Kenya-Cuba bilateral co-operation
8. 2nd Feb, 2017: Appointed to the IAAF pre-games symposium sub-committee as the Convener
9. 1st Feb, 2017: Appointed to a committee to develop a policy for Kenyatta University Sport Scholarships
10. 11th Sept, 2016: Appointed as a member of Committee on the effectiveness of teaching of UCU's
11. 10th Aug, 2016: Appointed to a committee to prepare for the 2017 World Youth Athletic Championships
12. 7th Jan, 2016: Appointed a committee member to prepare for the IAAF Inspection Mission
13. 1st Dec, 2015: Appointed as a member of Alumni Complex Gymnasium Operationalization Committee
14. 17th Nov, 2015: Appointed to the Sport Coaches Academy management Committee
15. 5th Nov, 2015: Appointed to a Committee to Plan to the Co-hosting of the 2017 World Youth Athletic Championships
16. 6th May, 2015: Appointed as a member of the Planning Committee for Physical Activity as sport for Health and Development in Africa (PASHDA)
17. 2013 to 2015: Member of School of Applied Human Sciences Website Committee.
18. 2013 to 2015: Member of School of Applied Human Sciences Journal Committee
19. 2013 to 2015: Member of School of Applied Human Sciences Infrastructure Committee
20. 2006 - 2010: Acting Director of Sports and Games

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4.2 At Other Institutions

4.2.1 University of Nairobi.

2010-2013: Member School of Education Post Graduate Committee
Chairman, Department of Physical Education and Sports Post graduate Programme.
Chairman curriculum Review in the Department of Physical Education and Sports.

5.0 POSTGRADUATE SUPERVISION

5.1 Ph. D SUPERVISION

5.1.1 COMPLETED

- 2014: Wanjira J. Kamenju - H87/22000/11:** Attitudes and perception on doping among Kenyan Athletes in Teacher Training Colleges.
- 2014: Ruth Kahiga Mugo - E80/90201/13:** An evaluation of the implementation of physical Education curriculum in Kenyan pre-schools in Nairobi and Nyeri Counties.
- 2017: Florence W. Gitau -H87/21092/10:** Contribution of community-based sports organisations towards achievements of selected millennium development goals
- 2018: Muasya Vincent - H87/25835/13:** Mental skills status of Hockey and Volleyball players in Kenya.

ONGOING

- 1. Agnes W. Kamau - H87/31957/15:** Relationship between participation in co-curricular activities, self-concept, deviant behavior and academic performance of secondary school students in Aberdare region, Kenya. **(Draft Thesis).**
- 2. Peninah Wanjiku Mwenda - H87/27459/14:** The effects of participation in competitive sports on character development of secondary school students in Nairobi City County. **(Draft Thesis).**
- 3. Abisai, J. C. - H87/3951/2016:** Talent related anthropometric and physiological traits of soccer players in secondary schools in Kenya **(Proposal Stage).**
- 4. Agortey J. J. - E83F/25092/2018:** Influence of participation in sports on Academic Performance of students in College of Education, Ghana **(Proposal Stage).**
- 5. Kimtai, R. J. – H87/28033/18:** Anti-Doping Knowledge, Attitudes and Experiences of Kenyan General Practitioners and Pharmacists **(Proposal Stage).**

5.2 MASTERS SUPERVISION

5.2.1 COMPLETED

- 2012:** **Sebastian O. Oketch - H08/CE/11956/07:** Player satisfaction among elite rugby teams in Kenyan Universities.
- 2014:** **Mucheke Muthiani - I56/13819/05:** The role of team cohesion in sports performance: The Case of Basketball and Hockey National players in Kenya.
- 2015:** **Wamaitha Joyce Kariuki - H108/CE/12150/07:** An assessment of gender representation in sports participation and leadership in Teachers Training Colleges in Kenya.
- 2015:** **Agnes W. Kamau - H108/CE/22546/11:** Relationship between participation in competitive sports and school connectedness' among secondary school students in Muranga County.
- 2016:** **Caroline, Ajowi - H60/CE/22630/10:** Participation motives and competitive orientation of women football players in Kenya.
- 2017:** **Lamaara Timothy - I56/11782/07:** Joint family leisure and recreation pursuits and family cohesion of tutors in teacher training colleges in Kenya.
- 2017:** **Mwangi, P. K. - H108/CE/22390/11:** Influence of current football resources on performance of Premier league football teams in Kenya.
- 2017:** **Maingi P. Kariuki - H108/CE/20851/12:** Attitude and practice of Primary School Pupils, Teachers and Head teachers in Physical Education in Kiambu County, Kenya.
- 2018:** **Gathoni Ndungu Benson - H108/CE/11902/2007:** Perceptions on the negative environmental impact of recreational activities of visitors and staff at national parks in Central Kenya Region, Kenya.
- 2018:** **Nancy Vyonne Andanje, - H68/27862/2014:** Motivation for competitive soccer among Players in public secondary schools in Nairobi city and Kakamega Counties, Kenya.
- 2018:** **Antony N. Karobia - H108/CE/25978/11:** Impact of Outdoor Adventure Based Team Development Program on Team Cohesion: A case of KESAL Participants from Kenya Air Force and Kenya Navy.
- 2019:** **Victoria N. Njoroge - H108/CE/22391/11:** Role of brand association in determining fan Loyalty: A case study of Thika United Football Club.
- 2019:** **John C. Kaoche - H108/29581/14:** Knowledge and Attitudes on Doping by Amateur Football Athletes, Coaches and Sponsors in Malawi

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2019: David G. Gikenyi - H108/11780/07: Evaluation of the Implementation of Physical Education Curriculum in Public Secondary School in Kisii Central District - Kenya.

5.2.2 ON GOING

1. **Vanshirak C. Keter - H108/33360/ 14:** The Influence of Leisure Participation on the Mental Health of Selected Young People in Nairobi City County (**Submitted**).
2. **Jumbe Sagaya - H60/CE/22626/10:** Motivation influencing participation in extreme sports in Kenya: A case of Mt. Kenya extreme adventure challenge -2015(**Draft Thesis**)
3. **Macharia, N. Michael - H108/CE/22621/10:** The influence of mental skills training on the performance of elite boxers in Kenya. (**Draft Thesis**).
4. **Kisaka, T. M. - H108/21005/10: Determinants** of awarding corporate sponsorship opportunities for premier league clubs in Kenya. (**Draft Thesis**).
5. **Kiongo Ndirangu - H108/37665/16:** Assessment of participation constraints and negotiation strategies of University Student athletes in selected sports in Kenya (**Data Collection**)
6. **Edward Muema - H60/13432/09:** Management of high altitude training centres and mass sport development in Kenya. (**Data Collection**)
7. **Jedidah G. Munyua - H108/CE/25980/11:** The Effects of Participation in Extra-Curricular Activities on Academic Achievement of Students in Secondary Schools in Nairobi County. (**Proposal Writing**)
8. **Stanley M. Ngata - H68/CE/26469/13:** Influence of Physical Education Resources on Students Participation in Physical Education in Teacher Training Colleges in the Aberdare Region, Kenya (**Proposal Writing**).

5.2.3 Thesis Examination.

1. **Macharia, H. K, (2012):** Influence of school playground safety on the participation of pre-school children in outdoor activities in central division, Naivasha district, Kenya-**MED** in Early childhood Education, Department of Educational Communication and Technology, University of Nairobi.
2. **Daniel, N. (2012),** Culture and athletics in Kenya: An ethnographic study of everyday practise in Nandi hills. **MA** Thesis. Institute of anthropology, University of Nairobi.
3. **Bailasha, N. K. (2013):** Determinants and pattern of sport injuries in selected indoor team sports during a season of the Kenya national league. **Ph.D** Thesis, School of Education, University of Nairobi.

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4. **Mwenda, P. W. (2013):** Identification and Promotion Strategies of Traditional Games of the Gusii Community of Kenya. **MSc.** Thesis, School of Applied Human Sciences, Kenyatta University.
5. **Selina Chebet, (2014):** Evaluation of knowledge, attitudes and practice of doping among Kenyan elite middle and long distance runners. **PhD** Thesis. School of Applied Human Sciences, Kenyatta University.
6. **Olanga, C. Achieng, (2014):** Planning expertise, variables influencing performance outcomes and management of wedding organizations firms in Nairobi County, Kenya. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.
7. **Appida, F. Onyango, (2014):** Hospitality products quality as a competitive advantage in private hospitals in Mombasa County. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.
8. **John K. Gitau, (2015):** An evaluation of Determinants of Career – Decision Making of Hospitality Undergraduate Students in Nairobi Metropolis, Kenya. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.
9. **Muriithi, D. Wambugu, (2015):** Status of resources for teaching physical education in Secondary Schools in Thika East Sub-county, Kiambu County, Kenya, **MSc,** Thesis School of Applied Human Sciences, Kenyatta University.
10. **Agnes W. Mandu, (2015):** Assessment of crowd management strategies used for football events in Government owned stadia in Nairobi County, Kenya. **MSc** Thesis, School of Applied Human Sciences, Kenyatta University
11. **Josephine B. Ogembo (2015):** Assessment of Handicraft Industry and Community based tourism Development: A case of Tabaka soapstone in Kisii County, Kenya. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University
12. **Julius K. Kosgey (2016):** Effects of Facilities Management on Workers’ Performance in 3 – 5 Star Hotels in Nairobi, Kenya. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.
13. **Abubakar, L. Rakiya, (2016):** Influence of Occupational Hazards on Employer’s Job Performance in Housekeeping Department of Budget Hotels in Kaduna Metropolis, Nigeria. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.
14. **Sunday M. Adama, (2016):** Relationship between Hospitality Management Graduate Certification and Employment in Lokoja, Nigeria. **MSc** Thesis, School of Hospitality and Tourism, Kenyatta University.

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15. **Zipporah, M. Moseti .(2016):** Participation in Sport by Deaf Students in Special Schools for the Deaf in Kenya. **MSc**, Physical Education, School of Applied Human Sciences, Kenyatta University, Nairobi.
16. **Robert N. Ngeti, (2017):** Female Teachers Participation in the Management of Competitive Sport Programmes in Secondary Schools in Taita Taveta County, Kenya. **MSc Thesis**, Physical Education, School of Applied Human Sciences, Kenyatta University.
17. **John B. Muamba (2018):** Sources of stress and coping Strategies of Rugby referees in Kenya **MSc. Thesis**, School of Applied Human Sciences, Kenyatta University.
18. **Johnathan Rotich, (2018):** Instructors perceived facilitation efficacy in outdoor adventure programs. A Case Study of Kenya School of Adventure and Leadership. **MSc. Thesis**, School of Applied Human Sciences, Kenyatta University.
19. **Goshan Awlachew Aneleyi, (2018):** The rise and fall of the Ethiopian men national football team since 1962. **PhD Thesis** (University of Kwa Zulu Natal, South Africa).
20. **Ashenati Kefyalew Tariku, (2018):** Performance of the men’s Youth Football Players development project and its impact of the under 17 national team **PhD Thesis** (University of Kwa Zulu Natal, South Africa).
21. **M Mohlala (2018) :**Three-year changes in social correlates of physical activity, physical activity and health-related fitness among adolescents: the PAHL study **PhD Thesis** (Potchefstroom Campus of the North-West University).
22. **Moeletsi, DTM (2019):** Athlete-Agent Agency in the South African Sport Industry **PhD Thesis** (University of Johannesburg).
23. **Yemane, Y.(2020).** Exploration of Provision of Public Sport and recreation facilities in the residential neighbourhoods of Addis, Ababa. (**PhD Thesis**), University of Mekelle,Ethiopia

6.0 CONFERENCES /SEMINARS/WORKSHOPS

6.1. Participation in workshops/conferences

- 1997: The African Association for health, physical education, Recreation sport and dance (AFAHER – S.D). Third Congress held from **11th to 15th Sept. 1997**, Kenyatta University, Nairobi, Kenya.
- 1998: A mini – Basketball coaching seminar held in Kenyatta University from **6th - 7th Nov. 1998**, Nairobi, Kenya.
- 1999: The **3rd & 4th** Conference of the Kenya Association for Health, Physical Education Recreation, Sport and Dance at Kenyatta University, Nairobi, Kenya.

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- 2001: The 1st East African Conference on Physical Education, Sport, Health, Recreation and Dance held from 11th to 13th December 2001 at **Makerere University**, Kampala, Uganda.
- 2002: Departmental clinic on how to prepare an athlete for competitions held from 25th to 26th July, 2002, at **Kenyatta University**, Nairobi, Kenya.
- 2003: Attended soccer coaching clinic held from 7th to 11th April 2003, at **Kenyatta University**, Nairobi, Kenya.
- 2003: Workshop for Physical Education Teachers and Lecturers in Primary schools and Teacher Training Colleges held from 18th to 21st May 2003 at **Kenyatta University**, Nairobi, Kenya
- 2003: Volleyball Coaching Clinic held from 4th to 8th August, 2003, at **Kenyatta University**, Nairobi, Kenya.
- 2004: A sports Coaching, Officiating and Management course held from 3rd to 16th October, 2004 at **Moi International Sports Centre (Kasarani)**, Nairobi, Kenya.
- 2004: East African Universities Pre-Games Scientific Conference held from 18th to 19th November 2004 at **Kenyatta University**, Nairobi, Kenya.
- 2005: FIVB Coaches Course held on 1st to 10th August 2005 at **Moi International Sports Centre, Kasarani** Nairobi, Kenya.
- 2006: German Academic exchange service (DAAD) football symposium held from 26th to 27th May, 2006 at **Kenyatta University** Nairobi, Kenya.
- 2006: In-house performance contract Management Seminar held on 24th February 2006 at **Jomo Kenyatta University of Agriculture and Technology**, Nairobi, Kenya.
- 2007: Kenyatta University International Athletics Symposium held from 21st to 22nd March 2007 in Mombasa, Kenya.
- 2007: Sensitization seminar on Public Procurement and Disposal Act 2005 and Public Procurement and Disposal Regulations 2006 held on 2nd April 2007 at **Utalii Hotel**, Nairobi, Kenya.
- 2007: 24th International University Sports Federation (FISU) Conference held from 9th to 12th August, 2007, of **Thammasat University**, Bangkok, **Thailand**.
- 2008: Fifth All African University pre-Games Scientific Conference held from 3rd to 4th July 2008 **Makerere University**, Kampala, **Uganda**.

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- 2008: Budgeting and procurement Course held from 28th to 30th July 2008 at Merica Hotel, Nakuru.
- 2010: 17th Biennial Conference of the International Society for Comparative Physical Education and Sports (ISCPES) held from 6th to 8th June, 2010 **Kenyatta University**, Nairobi, Kenya.
- 2010: 2010 East Africa Universities Pre-Games symposium held from 16th - 18th November, 2010 **Kenyatta University**, Nairobi, Kenya.
- 2011: International University Sport Federations (FISU) held from 13th to 16th August, 2011 **Shenzhen University, China.**
- 2011: African Sports Management Association (ASMA) Conference held from 2nd to 4th December, 2011 Sports View Hotel, Kampala, **Uganda.**
- 2012: e-Learning Workshop held from 9th to 11th May, 2012 University of Nairobi-College of Education and External Studies, Nairobi, Kenya.
- 2011: 9th Africa Association for Physical Health Education Recreation Sports and Dance, Conference held from 13th to 15th September, 2011, **Kyambogo University**, Kampala, **Uganda.**
- 2012: Kenya Universities Sports Association (KUSA) Workshop held from 7th to 8th June, 2012, **Kabarak University**, Nakuru, Kenya.
- 2013: The Second International conference of the African Sport Management Association held from 7th to 9th November, **University of Dar es Salam**, Dar es Salam, **Tanzania.**
- 2014: The 7th edition of the FASU Games Pre-scientific Conference held from 2nd - 5th July, 2014 **University of Nairobi**, Kenya.
- 2016: The Wingate Congress on Sports and Exercise Science held from 2nd to 5th June at the Wingate Institute of Physical Education and Sport, **Israel.**
- 2016: African Association of Sport Management Conference held from 16th to 18th June, 2016 in Abuja, **Nigeria.**
- 2016: The 2nd International Conference on Physical Activity and Sports for Health and Development held from 21st to 23rd September, 2016 at Kenyatta University, Nairobi, Kenya.
- 2017: World Under 18 Athletics Championships Pre-Games International Symposium held at Kenyatta University from 10th to 11th July, 2017.
- 2017: The American College of Sport Medicine International Team Physician Course held at Masinde Muliro University of Science and Technology from 16th – 18th October, 2017.

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2018: 4th Laikipia University International Conference on Sports for sustainable development in Kenya and beyond, 22nd - 24th May 2018.

2018: The University of Nairobi first Annual International Conference on Research and Innovation held from 24th October - 26th October 2018.

2019: Machakos University International Conference held at the Machakos University. From 23th April to 26th April 2019.

2019: The first Kenya Academy of sport conference held from 20th to 22nd May 2019

6.2 Presentations of Papers at Academic and Professional Conferences

1. The effects of participation in competitive sports on academic performance of Secondary School students in Nairobi Province. Paper presented during **the Annual Kenyatta University Post- Graduate seminar week from 12th to 14th October 1998 at Kenyatta University**, Nairobi, Kenya.
2. Social Economic status of Secondary Schools interscholastic athletes in Nairobi Province. Paper presented during **Kenya Association for Health, Physical Education, Recreation and Dance, Conference on 3rd and 4th November 2000 at Moi International Sports Centre**, Kasarani, Nairobi, Kenya.
3. Participatory motives of college athletes in Kenya. Paper presented during the **KAHPER-SD Conference held on 3rd to 4th November 2000 at Moi International Sports Centre**, Kasarani, and Nairobi, Kenya.
4. Attitudes of Teachers trainees towards Physical Education. Paper presented during the **KAHPER-SD Conference held on 3rd to 4th November 2000 at Moi International Sports Centre**, Kasarani, Nairobi, Kenya.
5. Academic performance of secondary school and college athletes and non - athletes in Kenya. Paper presented during **the 1st East African Conference on P.E Sport, Health, Recreation and Dance 11th - 13th 2001 at Makerere University**, Kampala, Uganda.
6. Gender issues in sports. Paper presented during the **Kenya Sports Officers Symposium at Moi International Sports Centre Kasarani on 3rd - 16th October 2004**, Nairobi, Kenya.
7. HIV/AIDS and Sports: Implication for the development. Paper presented during the **Association of Third World Studies (ATWS) Conference held on 14th to 16th September 2004 at Baraton University**, Eldoret, Kenya.
8. Postgraduate Researches conducted in the Department of Physical Education of Kenyatta University: Implications for Sports growth and development in Kenya. Paper presented during

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- the **East African Universities Pre-Games Scientific Conference held on 18th -19th November 2004 at Kenyatta University, Nairobi, Kenya.**
9. Participation Motivation of Kenyatta University athletes. Paper presented during the **6th African Association for Health, Physical Education, Recreation, Sports and Dance congress held 13th to 17th September 2005 at Kenyatta University, Nairobi, Kenya.**
 10. Socialisation of secondary school athletes into sports in Kenya. Paper presented during the **Kenyatta University Post graduate seminar week held from 3rd to 7th October 2005 at Kenyatta University, Nairobi, Kenya.**
 11. Analysis of factors that affect the standards of soccer in Africa: The case study of East African countries. Paper presented during the **DAAD Soccer symposium held on 27th May 2006 at Kenyatta University, Nairobi, Kenya.**
 12. The role of Family members in Socialization into Sport: The Case of Kenyan Secondary School Athletes. Paper presented during the **24th International Sports Federation (FISU) conference held on 9th - 12th August, 2007** in Bangkok, Thailand.
 13. Psycho-social attributes of women volleyball athletes in Africa. Paper presented during the **5th All African University games pre-scientific conference held in Makerere University Kampala, Uganda 3rd - 4th July 2008.**
 14. Coach-Leadership behaviour exhibited by volleyball coaches: The case of 16th Africa Cup of Nation (senior women). Paper presented during **the pre-games scientific conference of the 5th African University games held in Makerere University, Kampala, Uganda 3rd - 4th July 2008.**
 15. Analysis of Doctoral research in the Department of Physical Education and Exercise Science, Kenyatta University, Kenya. Paper presented during the **17th Biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES), Kenyatta University, Nairobi, Kenya 6th - 8th June, 2010.**
 16. The status of health related physical fitness attributes of University staff in Jomo Kenyatta University of Agriculture and Technology, Kenya. **Paper presented during the 17th Biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES), Kenyatta University, Nairobi, Kenya 6th – 8th June, 2010.**
 17. Status of selected physical fitness attributes and sexual well-being of bicycle taxi ‘bodaboda’ operators in Juja, Kenya. **Paper presented during the 17th Biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES), Kenyatta University, Nairobi Kenya 6th - 8th June, 2010.**
 18. Fitness and recreation participation among Jomo Kenyatta University of Agriculture and Technology staff as a factor in wellness and productivity. **Paper presented during the 17th**

Biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES), Kenyatta University, Nairobi, Kenya 6th - 8th June, 2010.

19. A survey of the type, nature and pattern of injuries in selected team sports during the 2nd edition of Kenya Inter-university games in 2009, Nairobi Kenya. **Paper presented during the 17th Biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES), Kenyatta University, Nairobi, Kenya 6th - 8th June, 2010.**
20. Participation in Sports in Kenyan Universities. Can the situation improve? **2010 East Africa pre-games. Symposium Kenyatta, University, Nairobi, Kenya, 16th - 18th November, 2010.**
21. The Grand Coalition Government in Kenya: Their manifestos are sketchy on sports. **2010 East Africa Universities pre-games symposium, Kenyatta University, Nairobi, Kenya 16th - 18th November, 2010.**
22. Sports and Academic performance. **Paper presented during Egerton University Sports captains symposium held on 16th to 17th March 2011 at ACK Imani Conference Hall, Nakuru.**
23. Extent of male Rugby players' satisfaction with Technical and Administrative Services. Paper presented **during the 2010 East Africa Universities Pre-games symposium 16th – 18th November, 2010, Kenyatta University, Nairobi, Kenya.**
24. Sports and Academic performance: Are Kenyan university athletes intellectually bankrupt? Paper presented during the **2011 International University Sport Federation (FISU) Conference-Shenzhen China, 13th to 16th August, 2011.**
25. Compliance with the best practice principles of governance. A case of Kenyan sport organisations. Paper presented during the **2011 FISU conference-Shenzhen, China, 13-16 August, 2011.**
26. Reconceptualising constraints towards female participation in sports: The case of University of Nairobi .Paper presented during the **9th Africa Association for Physical Health Education Recreation Sports and Dance, Conference, 13-15th September, 2011, Kyambogo University, Kampala, Uganda.**
27. The role of sports in social cohesion in Kenya; Can new models in emerge? Paper presented **during the 9th Africa Association for Physical Health Education Recreation Sports and Dance, Conference, 13th -15th September, 2011, Kyambogo University, Kampala, Uganda.**
28. Motivational orientations of Physical Education (P.E) pre-service teachers in Kenya: preliminary findings. Paper presented during the **9th Africa Association for Physical Health Education Recreation Sports and Dance, Conference, 13th-15th September, 2011, Kyambogo University, Kampala, Uganda.**

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29. Parental role and influence in the teaching-learning of Physical Education: Perceptions of Physical Education students in Kenyan universities. Paper presented during **the Global forum 2012 for Physical Education Pedagogy, 9th to 11th May, 2012, Universitat, Duisburg Essen, Germany.**
30. Psycho-social attributes of Kenyan university athletes. Paper presented during the **Kenya Universities Sports Association (KUSA) workshop, 7th-8th June, 2012 at Kabarak University, Kenya.**
31. Coach motivation of university athletes at Kenyatta University. **Paper presented during the second international conference of the African Sport Management Association 7th - 9th November, University of Dar es Salam, Tanzania.**
32. Doping awareness among teacher training college athletes: The case of Nairobi Zone. **The second international conference of the African Sport Management Association 7th - 9th November, University of Dar es Salam, Tanzania.**
33. Determinants of job stress and Satisfaction of sports personnel in Kenyan Universities. **Paper presented during the second international conference of the African Sport Management Association 7th -9th November, University of Dar es Salam, Tanzania.**
34. Negotiating Constraints to sport participation: The case of Kenyan university soccer players. **Paper presented during the second international conference of the African Sport Management Association 7th - 9th November, University of Dar es Salam, Tanzania.**
35. Sources of stress and coping strategies of university athletes. **Paper presented during the 7th edition of the FASU Pre Games' Scientific Conference held on 12th July 2014 at the University of Nairobi, Kenya.**
36. Development of physical education and sports in Kenya. Paper presented during the 7th edition of the FASU Pre games' scientific conference held on 12th July 2014 at the **University of Nairobi, Kenya,**
37. Effects of participation in competitive sports on school connectedness of secondary school students. **Paper presented during the 7th edition of the FASU Pre Games' scientific conference held on 12th July 2014 at the University of Nairobi, Kenya.**
38. Predictors of sport participation motives of Kenyan female university students. **Paper presented during the 7th edition of the FASU Pre games' scientific conference held on 12th July 2014 at the University of Nairobi.**
39. Mental toughness of male university athletes: Implications for Stakeholders. **Paper Presented during the 2nd International Conference on Physical Activity and Sports for Health and Development in Africa 21st - 23rd September, 2016, Kenyatta University.**

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40. Participation motives and Competitive Orientation of Football Players in the Kenyan Women Premier League. **Paper presented during The 4th Wingate Congress of exercise and Sport Sciences, Israel,**
41. Contributions of Community-based Sport Organizations in the Promotion of Education in Kenya. A case of Mathare Youth Sport Association and Moving the Goal Posts. **Paper presented during the 2nd International Conference on Physical Activity & Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.**
42. **The Status of Sports and Physical Education in Secondary Schools in Uganda. Paper presented during the 2nd International Conference on Physical Activity & Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.**
43. Physical Fitness Appraisal of Kenyan Soccer Players during the 2016 Pre-Season Tournament. **Paper presented during the 2nd International Conference on Physical Activity & Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.**
44. Attitudes and Practices of Primary School Pupils, Teachers and Head-Teachers in Physical Education in Kiambu County, Kenya. **Paper presented during the 2nd International Conference on Physical Activity & Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.**
45. An exploratory Study on Athletic Identity Formation of University Athletes. **Paper presented during the 2nd International Conference on Physical Activity & Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.**
46. Influence of achievement goals and motivational climate on attitudes towards doping. Paper presented during the **4th Laikipia University International Conference on Sports for sustainable development in Kenya. 22nd - 24th May 2018.**
47. Knowledge, attitudes and perceptions of university physical education and Sport – Science students towards doping. **Paper presented during The University of Nairobi first Annual International Conference on research and innovation held from 24th October to 26th October, 2018.**
48. Determinants and reasons for non-participation in organized Physical activity and sports among University students. **Paper presented during the University of Nairobi first Annual International Conference on research and innovation held from 24th October to 26th October, 2018.**
49. Contribution of Sport in addressing Poverty Reduction in Kenya. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**

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50. Management of Athlete's Medical issues in East African University Sports. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) –4th – 6th April, 2019 at Mount Kenya University**
51. Influence of Participation in Competitive Sports on Character Changes of Secondary School Students in Nairobi City County, Kenya. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**
52. Assessment of Sports Participation Constraints and Negotiation Strategies of University Student – Athletes in Selected Sports in Kenya. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**
53. Correlates of Motivational Orientations among Secondary School Athletes: Implications for Stakeholders. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**
54. An Evaluation of the Status of Sport Federations Compliance to World Anti-Doping Program Preliminary Findings. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**
55. Perception on the Negative Environmental Impact of Recreational Activities of Visitors and Staff at National Park in Central Kenya Region. **Paper presented during the 4th International Conference of the African Sport Management Association (ASMA) 4th – 6th April, 2019 at Mount Kenya University.**
56. Leisure, sports and health in Kenya: Opportunities and challenges. **Paper presented during the Machakos University International Conference held at the Machakos University. 23th April to 26th April 2019.**
57. Sports for peace and development in Kenya: The emerging trends. **Paper presented during the Kenya Academy of sports inaugural conference held at the Crown Plaza Hotel, Nairobi from 20th to 22nd may 2019.**

6.3 Convening and Coordinating Conferences.

1. The 3rd & 4th Conference of the Kenya Association for Health, Physical Education Recreation, Sport and Dance at Kenyatta University, Nairobi, Kenya.
2. 18th to 21st May 2003: Organised a Workshop for PE Teachers and Lecturers in Primary schools and Teacher Training Colleges at Kenyatta University.

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3. 18th to 19th November 2004: Coordinated the East African Universities Pre-Games Scientific Conference at Kenyatta University, Nairobi, Kenya.
4. 16th to 18th November, 2010: Coordinated the 2010 East Africa Universities Pre-Games Symposium at Kenyatta University.
5. 7th to 8th June, 2012: Convened and coordinated the inaugural Kenya Universities Sports Association (KUSA) workshop, at Kabarak University, Nakuru, Kenya.
6. 16th to 18th June, 2016: Coordinated the Third African Sport Management Association Conference in Abuja, Nigeria.
7. 21st to 23rd September, 2016: Coordinated the 2nd International Conference on Physical Activity and Sports for Health and Development, Kenyatta University, Nairobi, Kenya.
8. 10th to 11th July, 2017: Chaired, World under 18 Athletics Championship International Symposium held at Kenyatta University, Nairobi, Kenya.
9. 4th to 6th April 2019 chaired local organizing committee of the 4TH African sport management association conference held at Mount Kenya University.
10. 2nd April, 2019: Invited as guest speaker during the Machakos University 2nd International Conference
11. 16 April 2019: Appointed a Committee Member of the Kenya Academy of Sports (KAS) Planning Committee
12. 13th May 2019: Invited as guest speaker during the inaugural Kenya Academy of Sports (KAS) Conference
13. July 2020, Pre-games Scientific Symposium of the under 20 athletic championships, Nairobi, Kenya.

7.0 RESEARCH AND PUBLICATIONS

7.1. Articles in Peer - Reviewed Journals

1. **Gitonga, E. R.** & Akpata, D. O. (1999): Academic performance of Kenyan Secondary School athletes. *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)*, 5, 1: 1-11.
2. **Gitonga, E. R.** (1999): The effects of participation in competitive sports on academic performance of college students in Kenya. *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)* 5, 2:183-194.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

3. Akpata, D. O. & **Gitonga, E. R.** (2002): Social Economic status of secondary schools interscholastic athletes in Nairobi province, Kenya. *Journal of International Council for Physical Education, Recreation, Sports and Dance (ICHPERD)*, 353, 2: 28 -30.
4. **Gitonga, E. R.** (2003): Knowledge about HIV/AIDS of college athletes in Kenya. *Journal of International Council for Health, Physical Education, Recreation, Sport and Dance (ICHPERD)* Xxxix, 4:21-24.
5. **Gitonga, E. R.** (2003): Influence of parents Social economic status on selected Kenyatta University Students type of sports participation. *East African Journal of Physical Education, Sports Science, Leisure and Recreation Management*, 1, 2:9 -14.
6. **Gitonga, E. R.** (2003): Role of Family Members in socialization into Sport of secondary School athletes in Kenya: Preliminary Findings. *East African Journal of Physical Education, Sports Science, Leisure and Recreation Management*.1, 2:9 - 14.
7. **Gitonga, E. R.**, Njororai, W.W.S. & Wahome P.W. (2003): Participatory Motives of university athletes: The case of Kenyatta University. *East African Journal of Physical Education, Sports Science, Leisure and Recreation Management*, 1, 1, 31-36.
8. Mwisukha, A., Omotayo, O. O., & **Gitonga, E.R.** (2003): Streamlining the selection Process of Sports teams: A Presentation of Valuable tips. *East African Journal of Physical Education, Sports Science, Leisure and Recreation Management*, 1, 2:100 -105.
9. **Gitonga, E. R.**, Njororai, W.W. S., & Wahome, P. (2004). Evaluation of athletes' Knowledge of HIV/AIDS: The case of Kenyatta University, Nairobi-Kenya. *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)*, 10, 3:193 - 203.
10. Mwisukha, A., **Gitonga E. R.** & Njororai, W. W. S. (2004): Analysis of Postgraduate Research in the Department of Physical Education, Kenyatta University, Kenya. *Journal of Cross Cultural Psychology and Sports Facilitation*, 6, 81 - 86.
11. Njororai, W. W. S, **Gitonga, E. R.** Bailasha, N. K., & Mwisukha, A. (2004): Assessment of injuries in Physical Education lessons in Kenya Science Teachers College, Kenya. *West African Journal of Physical and Health Education*, 8,152-159.
12. **Gitonga, E. R.**, & Njororai, W.W.S. (2007): Effects of selected School factors in socialization into Sport of Kenyan Secondary School Athletes. *Journal of Educational Research and Development*, 2, 1:240-246
13. **Gitonga, E. R.** (2007): Participation in Sport of family members of Kenyan secondary school athletes. *Journal of Education Research and Development*, 2:2, 184 - 190.

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14. Andanje, M. & **Gitonga, E. R.** (2009): Leisure sports participation patterns of post – graduate students. The case of Kenyatta University, Nairobi, Kenya. *Journal of Educational Research and Development* 4, 2:111-117.
15. **Gitonga, E. R.** (2009): Significant others influence on socialization into sport of Kenya Secondary School athletes. *Journal of Educational Research and Development* 4, 1:111-117.
16. Mwisukha, A. **Gitonga, E.** & Wanderi, P.M. (2010): Towards gender equity in sports: Insights into the underrepresentation of women in sports leadership in Kenya. *Revista electronica Actividad Fisica y Ciencias*2, 1:1-31.
17. Mwangi, F. M., Wanderi, P. M., Wamukoya, E. K., Onywera, V. O. & **Gitonga, E. R.** (2011): Effects of different arm kinematics on performance in long distance running. *International Journal of Current Research*, 3, (6):185 -190.
18. **Gitonga, E.R.**, Bailasha, N. K., & Toriola, A. L. (2011): Psycho-social attributes of elite African Women volleyball players. *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)*, 17, 3:535-546.
19. **Rintaugu, E. G** & Nteere, J. S. (2011): Motivational orientations in sport: study of college athletes in Kenya. *International Journal of Current Research*, 3, 8:168-171.
20. **Rintaugu, E. G.** & Bailasha, N. K. (2011): Coach-Leadership behaviour exhibited by volleyball Coaches in Africa. *International Journal of Current Research*.3, 9:135-139.
21. **Rintaugu, E. G.**, Munayi, S., Mwangi, I., & Ngetich, E. D. K. (2011): The Grand Coalition Government in Kenya: A recipe for sports Development. *International Journal of Humanities and Social Sciences*, 1, 18:305-311.
22. **Rintaugu, E. G.**, Mwangi, P. W. & Mwisukha, A. (2011): The influence of mass media in socialization into sports of Kenyan secondary school athletes. *International Journal of Current Research*, 3, 11:471-475.
23. **Rintaugu, E. G.**, Mwisukha, A. & Mundia, F. (2011): Alcohol consumption of Student athletes in A Kenyan public university. *International Journal of Humanities and Social Sciences*.1, 17,162-167.
24. Munoru, P., & **Rintaugu, E. G.** (2011): Effects of yoga training on bilateral strength and shoulder and hip range motion. *International Journal of Current Research*, 3, 11:467- 470.
25. **Rintaugu, E. G.**, & Mwisukha, A. (2011): Retirement from competitive sport: The experiences of Kenyan soccer players. *Current Research Journal of Social Sciences* 3, 6:477-482.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

- 26 **Rintaugu, E. G.** & Nteere, J. S. (2011). Availability and adequacy of sport facilities and equipment in selected secondary schools in Kenya. *The Fountain, Journal of Education*, 5(1):84-96.
- 27 **Rintaugu, E. G.**, Mwisukha, A. & Onywera, V.O. (2012): Analysis of Factors that affect the standard of soccer in Africa. The case of East African countries. *Journal of Physical Education and Sport (JPES)*, 12, 1:135 - 139.
- 28 **Rintaugu, E. G.** & Ngetich, E.D.K. (2012): Motivational gender differences in sport and exercise participation among university sport science students. *Journal of Physical Education and Sport (JPES)* 12, 2: 180-187.
- 29 **Rintaugu, E. G.**, Ngetich, E. D. K. & Kamande, I. M. (2012): Determinants of Alcohol consumption of university- student athletes: The case of University of Nairobi, Kenya. *Current Research Journal of Social Sciences*, 4, 5:354-361.
- 30 Mwisukha, A., **Rintaugu, E. G.** & Mwangi, P.W. (2012): Witchcraft Practices in Kenyan Football: A Reality or Myth? *International Journal of Sports Technology Management and Allied sciences*, 1, 1:1-10.
- 31 **Gitonga, E. R.**, Andanje, M., Wanderi, P. W., & Bailasha, N. (2012): Teacher-Trainees' attitudes towards Physical Education in Kenya. *Educational Reviews and Research*, 7, 27:585 -588.
- 32 **Rintaugu, E. G.**, Mwisukha, A. & Amusa, L. O. (2012): Socio-demographic correlates of alcohol consumption among university athletes. *African Journal of Physical Health Education Sports and Dance (AJPHERD)*, 18, (4:2): 939-954.
- 33 **Rintaugu, E. G.**, Masiga, M., Mwangi, I. M., Were, H., Litaba, S. A., Kinoti, J. & Kubai, J.I (2012): Psycho-social attributes of Kenyan university athletes: social learning and motivational theories perspectives. *American International Journal of Contemporary Research*, 2(12):126-135.
- 34 Ngetich, E. D. K., & **Rintaugu, E. G.** (2013): Assessment of physical fitness Components as prediction factors of long jump performance. *International Journal of Current Research*, 5(1):17-21.
- 35 Okech, S. O., Mwisukha, A. & **Rintaugu, E. G.** (2013): Perceived contribution of team support to psychological satisfaction of Kenya's university rugby players. *International Journal of Education and Research*, 1, 7:33-40.
- 36 Mwangi, F. M., Kamenju, J. W. & **Rintaugu, E. G.** (2013): The educational role of Kenya teachers colleges sports association (KTCSA). *International Journal of Education and Research*, 1, 7:105-114.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

37. Andanje, M. & **Rintaugu, E. G.** (2013): Parental role and influence in the Teaching-learning of physical education: perceptions of physical education students in Kenya's Universities. *International Journal of Sport Science*, 3 (5):183-187.
38. **Rintaugu, E. G.**, Toriola, A. L. & Amusa. L. O. (2013): Analysis of doctoral research at the Department of Physical Education and Exercise Science, Kenyatta University (1988-2011): Implications for health and sports development in Kenya. *African Journal for Physical, Health Education, Recreation and Dance (AJPHERD)*, 19(3), 712-722.
39. Andanje, M. & **Rintaugu, E. G.** (2013): Insights into the under-representation of women in sports leadership in Kenya. *International Journal of Applied Sociology*, 3(5):102-108.
40. **Rintaugu, E. G.** (2013): The Sources of Satisfaction of Coaches in Kenyan Universities. *International Journal of Sport Science*, 3(6):211-216.
41. **Rintaugu, E. G.** (2013): The socio-demographic factors and causes of stress among sports personnel in Kenyan universities. *Human Resource Management Research*, 3(4):166-172.
42. **Rintaugu, E.G.**, Mwangi, F. M. & Bailasha, N. K. (2013): Negotiating constraints to sport participation of university soccer players. *Journal of Education and Practise*, 4(23):146-153.
43. **Rintaugu, E. G.**, Toriola, A. L. & Amusa, L. O. (2013): Pre-service teachers motives for choosing Physical Education (PE) as a career: What exactly do PE teachers do? *African Journal of Physical Health Education Recreation and Dance (AJPHERD)* supplement 2(October), 74-86.
44. Bailasha, N. K., Kibera, L. K., **Rintaugu, E. G.** & Mwisukha, A. (2014): Assessment of patterns of sport injuries in selected ballgames during a season of the Kenya national leagues. *Journal of Health Science*, 4(2): 34-40.
45. **Rintaugu, E. G.**, Mwangi, I. M., Litaba, S. A, Toriola, A. L. & Amusa, L. O. (2014). Correlates of motivational orientation among Kenyan University athletes. *African Journal of Physical Health Education Recreation and Dance (AJPHERD)*, 20 (3):974-990.
46. **Rintaugu, E. G.**, J. Kamau., L. O, Amusa. & Toriola, A.L. (2014).The Forbidden Acts: Prevalence of Sexual Harassment among University Female Athletes. *African Journal of Physical Health Education Recreation and Dance (AJPHERD)*, 20(3):974-990.
47. Mwisukha, A., Chumba, J. M. & **Rintaugu, E. G.** (2014): Extent of public support for Physical Education in Kenya. *International Journal of Education and Research*, 2, 11:11-20.
48. **Rintaugu, E. G.**, Litaba, S. A., Muema, E. M. & Monyeki, M. A. (2014): Sources of stress and coping strategies of University athletes. *African Journal of Physical Health Education Recreation and Dance (AJPHERD)* 4-1:1621 - 1636.

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58. Wainaina, P. K., Mwisukha,A., & **Rintaugu, E. G.** (2015).Professional conduct of academic staff in public universities in Kenya: Learners perception. *International Journal of Education and Social Science*, 2, 6:67-72.
59. Muthiane, C. M., **Rintaugu E. G.** & Mwisukha A. (2015): The relationship between team cohesion and performance in Basketball league in Kenya. *International Journal of Applied Psychology*.5 (4):90-95.
60. Kamau, A. W., **Rintaugu, E. G.**, Muniu,R. K.& Amusa,L.O.(2015).The effects of participation in competitive sports on school connectedness. *African Journal of Physical Health Education, Recreation and Dance (AJPHERD)*.21(3:1):876-889.
61. Mwenda, P. W. Wanderi, M. P., Andanje, J. M. & **Rintaugu, E. G.** (2015). Traditional games of Gusii community, Kenya. *African Journal for Physical, Health Education, Recreation and Dance, (AJPHERD)* 21(4:2), 1441-1450.
62. **Rintaugu, E. G.**, Mwisukha, A. & Monyeki , M.A. (2016). From Grace To Grass : Kenya Soccer Players' Career Transition and Expériences in Retirement. *African Journal of Physical Activity & Health Sciences*, 22(1:1): 163-175
63. Kamenju, J., Mwisukha, A. & **Rintaugu, E.G.** (2016). Kenya Teacher Trainee athletes' awareness of selected performance Enhancing Substances and their effects to sports Performance. *Journal of Physical Education and Sports Management*. 3 (2): 1 – 37.
64. Kamenju, J. W., Mwisukha, A., **Rintaugu, E. G.**, Muthomi, H. & Mwangi.P. W. (2016). Influence of Sport Disciplines and Demographics of Kenya College athletes on their awareness of Doping in Sports. *International Journal of Humanities and Social Sciences*. 6, (3): 155 – 163.
65. Ajowi, C., **Rintaugu,E.G.** & Toriola, A. L. (2017). Sport participation motives of university female athletes. *African Journal of Physical Activity & Health Sciences*.23 (1:2), 215-225.
66. Mwangi, F. M. & **Rintaugu, E. G.** (2017). Physical Activity and Health related Physical Fitness attributes of staff members in a Kenyan Public University. *International Journal of Sport Science*, 7(2): 81 - 86.
67. **Rintaugu, E. G.**, Mwangi, F. M. & Toriola,A.L.(2018).Sources of sport confidence and contextual factors among university students. *Journal of Physical Education and Sport* 18(2):889-895.
68. Otieno, M. D., Nteere, J. S., Onywera, V. O., **Rintaugu, E. G.** & Akala, W. (2018). The Influence of family on talent identification of players in rugby clubs in Kenya. *International Journal of Innovative Research and Knowledge*, 3(9): 99 – 109.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

69. Wayongo, S.N., Mwangi, F.M., Wachira, L.M. & **Rintaugu, E.G.** (2019). Emergency plans and safety regulations during physical lessons in private primary schools in Kenya. *The Russian journal of physical Education and Sport (Pedagogical-Psychological and Medico-Biological Problems of Physical Culture and Sports* ISSN 2070-14(1) 4798.
70. Mwangi, F.M., **Rintaugu, E.G.** & Toriola, O. (2019). Influence of achievement goals and motivational climate on attitudes towards doping among East African University athletes. *African Journal of Physical Activity and Health Sciences (AJPHEs)* 25 (4): 547-562.
71. Bailasha, N.K., **Rintaugu, E.G.**, Kamau, J., Mwangi, F.M., Mucheke, C.M. & Otieno, M.D. (2020). Institutional based reasons for students' non-participation in physical activity and programs in Kenyan Public Universities. *International Journal of Human Movement and Sport Services*, 8 (1): 17-23.
72. **Rintaugu, E. G.**, Mwisukha, A. & Toriola, A.L. Athletic Identity of University Athletes in Selected Sports in Kenya: An Exploratory Study (*Turkish Journal of Sport and Exercise*)
73. **Rintaugu, E. G.**, Litaba S. A., Kamau J. W., Mwisukha, A., Thangu E. K. & Monyeki, M.A., Sexual Behaviors Patterns of Kenyan University Student Athletes: Implications for Sports Managers. *Journal of Laikipia University* (Under review).
74. **Rintaugu, E. G.**, Mwisukha, A. & Monyeki, M.A. Coping Strategies and Intervention Measures for Retired Soccer Players in Kenya: Policy Implications. *Journal of Physical education and sport (JPES)* (Under review).
75. **Rintaugu, E. G.** & Bailasha, N. K. Psycho-Social Attributes of Male Volleyball Players in Kenya. *Journal of Physical Education and Sport*. (In progress AJPHEs).
76. **Rintaugu, E. G.** Mental toughness characteristics of Kenyan male University athletes: Implications for Stakeholders. (In progress)

7.2. ARTICLES IN CONFERENCE PROCEEDINGS

1. **Gitonga, E. R.** & Akpata, D.O. (1997): Patterns of injuries during the 12th Africa Feminine volleyball club championships in Nairobi (20th April - 3rd May 1997). In L.O. Amusa & A.L. Toriola (Ed). **Sports Exercise and Health**. Proceedings of the 3rd scientific congress of the AFAPHERD. NAIROBI, 11th - 15th September 1997.p 400-405.
2. **Gitonga, E. R.** & Mwishukha A. (2003): HIV/AIDS and Sports. In E. K. Wamukoya (Ed) **Issues in Primary School Physical Education**. Proceedings of Physical and Health Education Teachers Workshop. Kenya Association for Health, Physical Education, Recreation and Dance, Kenyatta University. p.26.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

3. Mwisukha, A., **Rintaugu E. G.** & Nteere, J. S. (2007): Leisure sports participation patterns of post-graduate students. The case of Kenyatta University, Nairobi Kenya. Proceedings of the **joint congress 2007 sea games and ASEAN Para games scientific congress and 5th Bangkok ASPASP International congress of sports psychology 1 - 4 December 2007 Bangkok, Thailand, p.543.**
4. Mwisukha, A. & **Gitonga, E. R.** (2007): Towards gender equality in Sports; Insights into the under - representation of women in Sports Leadership in Kenya. Proceedings of **the Moi University 3rd Annual international conference held on 31st July – 4th August 2007, at Eldoret, Kenya.**
5. Bailasha, N.K. & **Gitonga, E.R.** (2007) .Aetiological factors, patterns and times of injury occurrence during a college soccer competition. Proceedings of the **joint congress 2007 sea games and ASEAN Para games scientific congress and 5th Bangkok ASPASP International congress of sports college psychology 1-4December 2007, Bangkok, Thailand p.727.**
6. **Gitonga, E. R.** (2008): Kenyan Athlete's Retirement from Competitive Sport Experiences: Preliminary findings. Proceedings of **the 1st continental international council for coach education conference held at Tshwane University of Technology, South Africa, and 23rd – 29th October, 2008.**
7. Nteere, J. S., **Rintaugu, E. G.**, Murithi, M. & Kinyua,N. (2009): The Grand coalition Government in Kenya: A recipe for sport development in Kenyan Universities. **Book of abstracts FISU conference, Belgrade, Serbia (pp116).**
8. **Rintaugu, E. G.** (2009): Challenges facing sport development in Kenyan universities. **Book of abstracts FISU conference, Belgrade, Serbia (pp 139).**
9. **Gitonga, E. R.** & Nteere J.S. (2010): Analysis of Doctoral research in the Department of Physical Education and Health Education and Department of Recreation Management and Exercise Science, Kenyatta University, Kenya. **Book of abstracts of the 17th biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th - 8th June, 2010.**
10. Mwangi F. M., **Gitonga, E. R.**, Ondeng M. M., Adalo J. A., Ngethe, H. W & Omondi J. O. (2010): The status of selected health related fitness attributes of University staff in Jomo Kenyatta University of Agriculture and Technology, Kenya. **Book of abstracts of the 17th biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th - 8th June, 2010.**
11. Mwangi, F. M., **Gitonga, E. R.**, Ondeng M. O., Adalo J. A., Omondi, J. O. & Mukhwana K. (2010): Status of selected physical fitness attributes and sexual wellbeing of bicycle taxi (bodaboda) operators in Juja, Kenya. **Book of abstracts of the 17th biennial Conference of**

the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th - 8th June, 2010.

12. Odeng, M. O., Mwangi, F. M., **Gitonga, E. R.** & Ngethe, H. (2010): Fitness and recreation participation among JKUAT staff as a factor in wellness and productivity. **Book of abstracts of the 17th biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th - 8th June, 2010.**
13. Bailasha, N. K., **Gitonga, E. R.**, & Odongo, J. O. (2010): A Survey of the type, nature and pattern of injuries in selected team sports during the 2nd edition of the Kenya Inter-University games, 2009. **Book of abstracts of the 17th biennial Conference of the International Society for Comparative Physical Education and sport (ISCPES) Kenyatta University, Nairobi, Kenya, 6th – 8th June, 2010.**
14. **Gitonga, E. R.**, & Nteere J. S, (2010): Participation in sports in Kenyan Universities: Can the situation improve? **Book of Abstracts 2010 East Africa Universities pre-games symposium 16th – 18th November 2010, Kenyatta University.**
15. **Rintaugu E. G.** & Nteere, J. S. (2010): Grand Coalition government in Kenya. The manifestos are sketchy on sports. **Book of abstracts 2010 East Africa Universities pre-games symposium 16th – 18th November 2010 Kenyatta University.**
16. Okech, S. O., Mwisukha, A. & **Gitonga E.R.** (2010): Extent of male Rugby player satisfaction with Technical and Administration services in Kenyan Universities. **2010 East Africa Universities pre-games symposium 16th – 18th November 2010 Kenyatta University, Nairobi Kenya.**
17. **Rintaugu, E. G.**, Nteere, J. S., & Mwangi, I. (2011): Sports and Academic performance: Are Kenyan Athletes University intellectually bankrupt? **FISU conference 13-16 August 2011, Shenzhen University China.p.154.**
18. Kamande, I. M. & **Rintaugu, E. G.** (2011): Compliance with the best practise principles of governance: A Case of Sport Organisations in Kenya. **FISU conference 13-16 August 2011, Shenzhen University, China.pp.205.**
19. **Rintaugu, E.G.**, & Nteere, J. S. (2011).Motivational orientations of physical education (P.E) pre-service teachers in Kenya: Preliminary findings. **African Association of Physical, Health Education, Recreation, Sports and Dance**, 13-15 sept.2011, pg.21.
20. **Rintaugu, E.G.** (2011): The role of sports in social cohesion in Kenya. Can new models emerge? **African Association of Physical, Health Education Recreation Sports and Dance**, 13-15 sept.2011, pg.21.

PROFESSOR ELIJAH GITONGA RINTAUGU-SUMMARIZED CURRICULUM VITAE.

21. Ngetich, E. D. K. & **Rintaugu E. G.** (2011): Reconceptualising constraints towards female sports participation in sports: The case of university of Nairobi. **African Association of Physical, Health Education, Recreation, Sports and Dance**, 13-15 sept.2011, pg.21.
22. Mwisukha, A. & **Gitonga, E. R.** (2012): Parental role and influence in the teaching of physical education: Perceptions of physical education students in Kenyan universities. **Global forum 2012 for Physical Education Pedagogy, 9 - 11 May, 2012, Universitat, Duisburg Essen, Germany.**
23. Muniu, R. K., Mwisukha, A. & **Gitonga, E.** (2013): Coach Motivation of University Athletes at Kenyatta University. **The second international conference of the African Sport Management Association 7th -9thNovember, University of Dar es Salam, Tanzania.pg.45.**
24. Kamenju, J., Mwisukha, A. & **Rintaugu, E. G.** (2013): Doping Awareness among Teacher Training College Athletes: The Case of Nairobi Zone. **The second international conference of the African Sport Management Association 7th -9thNovember, University of Dar Es Salam, Tanzania.pg.12.**
25. **Rintaugu, E.G.**, Mwisukha, A. & Muniu,R.K.(2013).Negotiating Constraints to Sport Participation: The case of Kenyan University Soccer Players. **The second International Conference of the African Sport Management Association 7th - 9thNovember, University of Dar es Salam, Tanzania. pg.28.**
26. **Rintaugu, E. G.**, Mwisukha, A. & Muniu,R. K. (2013): Determinants of job stress and Satisfaction of sports personnel in Kenyan Universities. **The second international conference of the African Sport Management Association 7th - 9thNovember, University of Dar es Salam, Tanzania.pg.14.**
27. **Rintaugu, E. G.**, Litaba, S. A. & Muema, E. (2014): Sources of stress and coping strategies of University-athletes: Implications for coaches. **The 7th Edition of FASU Games Pre-Games Scientific conference**, 12th July 2014, University of Nairobi, Kenya.
28. Kamenju, J. W., **Rintaugu, E. G.** & Mwangi, F. M. (2014): Development of Physical Education and Sports in Kenya. **The 7th Edition of FASU Games Pre-Games scientific conference**, 12th July 2014, University of Nairobi, Kenya.
29. Kamau, A.W., **Rintaugu, E. G.** & Muniu, R. K.(2014).Effects of participation in competitive sports on school connectedness of secondary school students. **The 7th Edition of FASU Games Pre-Games scientific conference**, 12th July 2014, University of Nairobi, Kenya.
30. Ajowi, C. A., **Rintaugu, E. G.** & Muthomi, H. (2014).Predictors of sport participation motives of Kenyan female university athletes. **The 7th Edition of FASU Games Pre-Games scientific conference**, 12th July 2014, University of Nairobi, Kenya.

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31. **Rintaugu, E. G.** (2015): Career transitions and experiences in retirement of Kenyan runners. Preliminary findings. Conference on the **East-African athletics and Social sciences.** 29, 30 & 1 July 2015 University of Addis Ababa, Ethiopia.
32. Wainaina, P. K. & **Rintaugu, E. G.** (2016): Ethical Theories and Doping: What is Unethical in Kenya's Anti-doping Act of 2016? **The Third African Sports Management Association,** 16 - 18 June, 2016, Abuja, Nigeria.
33. **Rintaugu, E. G.** (2016): Participation Motives and Connection to Soccer of Male University Soccer Players: Implications to Stakeholders. The 2016 Wingate Congress of Exercise and Sport Science 2nd - 5th June 2016, Academic College, Wingate, Israel.
34. **Rintaugu, E. G.,** Schultz, A. & Litaba, S. A. (2016): Mental toughness of Male University Athletes: Implications for Stakeholders. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa,** 21st - 23rd September, 2016, Kenyatta University, Kenya.
35. Ajowi, C. A., **Rintaugu, E. G.** & Muthomi, H. (2016): Participation Motives and Competitive Orientation of Football Players in the Kenya Women Premier League. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa,** 21st - 23rd September, 2016, Kenyatta University, Kenya.
36. Gitau, F., Mwisukha, A., **Rintaugu, E.G.** & Mwangi P.W. (2016): Contributions of Community-based Sport Organizations in the Promotion of Education in Kenya. A case of Mathare Youth Sport Association and Moving the Goal Posts. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa,** 21st - 23rd September, 2016, Kenyatta University, Kenya.
37. Wandera, B., **Rintaugu, E. G.,** Kamau, J. W. & Mwisukha, A. (2016): The Status of Sports and Physical Education in Secondary Schools in Uganda. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa,** 21st - 23rd September, 2016, Kenyatta University, Kenya.
38. Mwangi, M. F., Ombiji, B.V., **Rintaugu, E. G.,** Wahome, P. W., Hussein, I. H. & Kimanzi, F. (2016): Physical Fitness Appraisal of Kenyan Soccer Players during the 2016 Pre-Season Tournament. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa,** 21st - 23rd September, 2016, Kenyatta University, Kenya.
39. Maingi, P .K., Mwangi, F. M. & **Rintaugu, E.G.** (2016): Attitudes and Practices of Primary School Pupils, Teachers and Head-Teachers in Physical Education in Kiambu County, Kenya. Paper presented during the **2nd International Conference on Physical Activity &**

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Sports for Health and Development in Africa, 21st - 23rd September, 2016, Kenyatta University, Kenya.

40. **Rintaugu, E.G.** (2016): An exploratory Study on Athletic Identity Formation of University Athletes. Paper presented during the **2nd International Conference on Physical Activity & Sports for Health and Development in Africa**, 21st - 23rd September, 2016, Kenyatta University, Kenya.
41. Mwangi, F. M., Mwiwaki, M., Wachira L. J., Thangu, E. & Rintaugu, E. G. (2016): Care and Management of athlete's medical issues among East African Universities. Paper presented during the **International Convention on Science, Education and Medicine in Sport**, 31st August - 4th September, Santos - Brazil.
42. Gitau, F.W., Andanje, M., **Rintaugu, E.G.** & Wanderi, P.M. (2019). Contribution of Sport in addressing Poverty Reduction in Kenya. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.
43. Mwangi, F.M., & **Rintaugu, E.G.** (2019).Management of Athlete's Medical issues in East African University Sports. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** –4th – 6th April, 2019 at Mount Kenya University
44. Mwenda, P.W., Andanje, M. & **Rintaugu, E.G.** (2019).Influence of Participation in Competitive Sports on Character Changes of Secondary School Students in Nairobi City County, Kenya. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.
45. Ndirangu, K., **Gitonga E.** & Muthomi, N. (2019).Assessment of Sports Participation Constraints and Negotiation Strategies of University Student – Athletes in Selected Sports in Kenya. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.
46. Kamau, A. & **Rintaugu E.G.** (2019).Correlates of Motivational Orientations among Secondary School Athletes: Implications for Stakeholders. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.
47. **Rintaugu, E.G.**, Wahome P. & Yauma M. (2019).An Evaluation of the Status of Sport Federations Compliance to World Anti-Doping Program Preliminary Findings. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.
48. Gathoni B., **Gitonga E.R.** & Mwisukha A. (2019).Perception on the Negative Environmental Impact of Recreational Activities of Visitors and Staff at National Park in Central Kenya

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Region. Paper presented during the 4th International Conference of the **African Sport Management Association (ASMA)** 4th – 6th April, 2019 at Mount Kenya University.

49. **Rintaugu, E.G.**(2019).Leisure, sports and health in Kenya: Opportunities and challenges. Paper presented during the **2nd Machakos University International Conference** held at the Machakos University 23th April to 26th April 2019.
50. **Rintaugu, E.G.** (2019).Sports for peace and development in Kenya. The emerging trends. Paper presented during the **Kenya Academy of sports inaugural conference** held at the Crown Plaza Hotel, Nairobi from 20th to 22nd may 2019.

7.3 COMPLETED RESEARCH PROJECTS

1. **Rintaugu, E.G.**, Wahome, P.W. & Yauma M. (2020). Compliance to the World Anti-Doping Program: An evaluation of National Sports Federations in Kenya. A report compiled for Anti-Doping Agency of Kenya (ADAK).
2. **Rintaugu, E. G.** & Yauma, M. (2018). Assessment of Prevalence and risk factors associated with doping in Kenya. Implications for stakeholders. A report compiled for Anti-doping agency of Kenya (ADAK).
3. Kamenju, J., Mwisukha, A. & **Rintaugu, E.** (2016): Awareness, Perception and Attitude to Performances - Enhancing Drugs and Substance use among Athletes in Teacher Training Colleges in Kenya. A report compiled for the World Anti-Doping Agency (WADA).
4. Mwisukha, A. & **Rintaugu, E. G.** (2016): Contribution of an Olympian towards Peace-Building through Sports: The Tegla Loroupe Peace Foundation in Kenya. Final report for the IOC Olympic studies centre, 2016.
5. **Rintaugu, E. G.** & Mwisukha, A. (2013): Insights into Kenya Soccer Players Career Transitions and Experiences in Retirement. Final report submitted to International Centre for Sport Studies (CIES) – Centre International for FIFA.
6. Njororai, W.W.S., Mwisukha, A., Onywera ,O.O . & **Rintaugu,E.G.** (2002). Analysis of Factors that affect the standards of soccer in Africa. The case of East African countries. Final report submitted to International Centre for Sport Studies (CIES) – Centre International for FIFA.

7.4 CHAPTERS IN BOOKS

1. **Rintaugu, E, G.**, Mwisukha, A. & Munayi,S.(2011).Sports: On the right track. In S.K, Njonjo,A.Kitonga & P.Awour (eds).**Youth Research Compendium**, Institute of Economic Affairs, Nairobi.
2. Kaimenyi,J.T. & **Rintaugu E.G.**(2013).The Nexus of Sports in African Universities: Management Challenges .In A.Mwisukha., P.W.Mwangi & E.G,Rintaugu (eds).**Issues on Management of Sports in Africa**. Nairobi,Association of Sports Management in Africa.

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3. Mwisukha, A., **Rintaugu, E. G.**, Kamenju, J. W. & Mwangi, P.W. (2014). Shaping the future of Physical Education in Kenya: A reflection on Priorities. In C. Ming-Kai & C.R, Edginton (eds). **Physical Education and Health: Global Perspectives**, Sagamore Publishers.
4. **Rintaugu, E. G.**, Ngetich, E., Kamande, I.M. & Mwisukha, A. (2017). Career Transitions of Retired Runners in Kenya: Implications for Stakeholders. In B. Gaudin & B. Wolde ED. **Kenyan and Ethiopian runners: Towards an alternative approach**. IRD, Addis Ababa, Ethiopia

8.0 EXTERNAL AND INTERNAL GRANTS

1. January 2020: Won World Rugby research grant (Stg. £15,493).
2. February 2018: Consulted for Anti-doping agency of Kenya.
3. June 2015 : Won jointly the advanced Olympic research grant programme (18,000 USD)
4. January 2013: Won Joao Havalenge research scholarship, worthy USD 10,000 from Federation of International Football Association (FIFA).
5. March-June 2011: Won USD 3000 from Institute of Economic Affairs (IEA) on Youth scenarios in Kenya.
6. January 2002: Jointly won Joao Havalenge research scholarship, worthy USD 10,000 from Federation of International Football Association (FIFA).
7. 1996-1998 Won Kenyatta University Scholarship to pursue a Master's Degree in Physical Education and Sport.

9.0 LOCAL, REGIONAL AND INTERNATIONAL APPOINTMENTS.

9.1. Local:

- 2012:** Appointed to the Technical committee of Ministry of Youth and Sports. Harnessing sport for national development.
- 2012:** Appointed to Ministry of youth and sports round table discussions on improvement of sports in Kenya.

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- 2012:** Appointed to be a Member of Kenya Government think tank for RIO 2016 Olympic Games.
- 2012 - 2017:** Appointed Member of Kenya premier league independent Disciplinary complaints committee (IDCC) appeals committee.
- 2011 - 2012:** Appointed Member of Kenya premier league independent disciplinary and appeals committee (IDAC)
- 2006 - 2011:** Elected Chairman, Kenya Universities Sports Association (KUSA).
- 2002 - 2004:** Secretary –General Kenya Association of Physical, Health Education Recreation Sports and Dance (KAHPERSD).

9.2. REGIONAL

- 2006-2011:** Member, East Africa Universities Sports Federation (EAUSF).
- 1997 to date:** Member of African Association for Health, Physical Education Recreation, Sports and Dance (AAHPERSD)
- 2011 to date:** Member of African Association of Sports Management (ASMA)
- 2015:** External Examiner for a PhD Thesis, Department of Sport Science, National University of Science and Technology Bulawayo, Zimbabwe.
- 2014 - 2017:** External Examiner for the Department of Sport Science Kyambogo University, Kampala, Uganda.
- 2017:** External Examiners for PhD Thesis, Faculty of Health Sciences, North-West University - Potchefstroom Campus, South Africa.
- 2017:** External Examiner for MSc. Thesis, Faculty of Science, Tshwane University of Science and Technology, South Africa.
- 2018 to 2019** External examiner Department of Physical Education and Sport, Universities of Nairobi.
- 2018:** External Examiner for Ph.D. Thesis Department of Biokinetics, Exercise and Leisure Studies, University of Kwa Zulu Natal, South Africa (2 Thesis).
- 2019:** External Examiner for PhD Thesis, Faculty of Health Sciences, University of Johannesburg.
- 2019:** External Examiner, Department of Sport Science, Mekelle University, Ethiopia.

9.3. INTERNATIONAL

2003-2009: Member, International Council for Health, Physical Education, Recreation, Sports and Dance.

2003-2004: Member, International Council for Health, Physical Education, Recreation Sports and Dance-sports sociology commission.

10.0 COMMUNITY OUTREACH

2003-2005: Chairman, Kenyatta University Atuuri Welfare Association

2014-2016: Chairman, Kenyatta University Atuuri Welfare Association

2014 to Date: Mentor, Muthangene Primary School, Central Imenti.

2019 to Date: Member of the board of management, Katheri Girls' High school.

11.0: REVIEWER OF PERIODICALS/JOURNALS.

2017 to Date: Reviewer, African Journal of Physical Activity and Health Sciences

2010 to 2017: Reviewer of African Journal of Health, Physical Education, Recreation, Sports and Dance (AJPHERSD)

2012 to Date: Reviewer Educational and Research Reviews Journal.

2012 to Date: Reviewer Journal of Physical Education and Sports Management

REFEREES:

TO BE SUBMITTED UPON REQUEST.